Test Taking Strategies

Day 1 of class

Look through the syllabus and determine:
- a. How many tests the course will have
- b. How long the professor plans for each test
- c. If the tests are in class or electronic (“take home”)

During class:

Ask what types of questions are on the tests.

Pay attention to:
- a. Material the professor discusses that is not in the textbook
- b. Diagrams or terms that are on the board or in a PowerPoint
- c. Ideas your professor repeats

Plan to review your class material regularly as homework – not just a few days before the test.
Develop study strategies for different types of tests.

*If you need to learn study strategies for college, please see Lesley in Jones 104A.*

Test Day:

Drink water, eat an apple, and avoid greasy or sweet foods.

Get to class early so you settle in and take a few deep breaths before the test begins.

Read the directions, then complete the easiest part of the test first. This helps you relax a little.

Consider doing a memory dump on scrap paper if permitted.

Save time at the end to review and make sure you haven’t left any portions of the test undone.

After test:

Review what you knew and mark what you didn’t learn.

Try to answer questions you had from the test.

Consider talking with your professor or a staff member for more help.

When you receive your graded test, determine your strengths and weaknesses. Use this to be ready for the next test. Learn from your mistakes!